

Ideal Scene - LOVE

(Don't Worry... Coach Is Right Behind You!)

Name: _____ Date: _____

Existing Scene

This includes all you're experiencing in your daily life regarding love and relationships. Are you alone? Are you in a bad relationship? What are your feelings about this relationship or about being single? Describe everything as if you are explaining your existing love scene to someone who doesn't know you.

Ideal Scene

In your Ideal Scene you are allowed to write anything! Don't hold anything back – let it all flow out. A good ideal scene is written in detail and describes *everything* about the man you wish to attract into your life. Who is he? What does he look like? What does he do? What is he interested in? What do you enjoy talking about and doing together? How is your sex life? What do your friends think of him? Etc. etc. etc.!!